
	INSTITUCION EDUCATIVA LA PAZ		Código: GPP-FR-20
	GUÍA DE AUTOAPRENDIZAJE: PLAN DE MEJORAMIENTO DE PERIODO		Versión: 01
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Área o asignatura	Docente	Estudiante	Grado	Fecha de entregas	Periodo
Inglés	Ana Tulia Lasso M.		10° ____	<b>Agosto 28: 10°6</b> <b>Agosto 29: 10°5</b> <b>Agosto 30: 10°1, 10°2, 10°3 y 10°4</b>	3

<p><b>¿Qué es un refuerzo?</b></p> <p>Es una actividad que desarrolla el estudiante adicional y de manera complementaria para alcanzar una o varias competencias evaluadas con desempeño bajo.</p> <p><b>Actividades de autoaprendizaje:</b> Observación de vídeos, lecturas, documentos, talleres, consultas.</p>	<p><b>Estrategias de aprendizaje</b> Desarrollar las actividades de autoaprendizaje presentadas en el plan de mejoramiento según la propuesta de trabajo del tercer período:</p> <p><b>TEMAS:</b> <b>Gramaticales:</b></p> <ul style="list-style-type: none"> <li>- Presente, pasado y futuro simple y perfecto</li> <li>- Modales</li> <li>- Condicionales</li> </ul> <p><b>SUBTEMAS:</b> <b>Lexicales:</b> El fenómeno de la Moda Desechable.</p> <ul style="list-style-type: none"> <li>- Prendas de vestir y accesorios.</li> <li>- Adjetivos</li> <li>- Expresiones sobre Moda.</li> <li>- Expresiones de opinión.</li> </ul> <p><b>*El taller aparece en la página del colegio <a href="https://institucioneducativalapaz.edu.co">https://institucioneducativalapaz.edu.co</a> (planes de mejoramiento) o en la plataforma Moodle</b></p>
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Competencia	Actividades	Entregables	Evaluación
<ul style="list-style-type: none"> <li>• Intercambiar información sobre temas relacionados con el entorno social a través de conversaciones.</li> <li>• Producir textos expositivos orales y escritos de mediana extensión relacionados con situaciones comunicativas de la cotidianidad.</li> </ul>	<p>Las actividades propuestas en el plan de mejoramiento son diferentes ejercicios que recopilan lo trabajado durante el tercer período:</p> <ul style="list-style-type: none"> <li>- Presente, pasado y futuro simple y Perfectos</li> <li>- Modales</li> <li>- Condicionales</li> <li>- El fenómeno de la Moda Desechable.</li> </ul>	<p>En cuenta la fecha programada presentar:</p> <ol style="list-style-type: none"> <li>1. El proyecto final (trabajo escrito y oral).</li> <li>2. Las actividades propuestas en el taller completamente desarrolladas.</li> <li>3. Examen escrito, (aula de clase).</li> </ol>	<ol style="list-style-type: none"> <li>1. Presentación proyecto final</li> <li>2. Revisión del taller y</li> <li>3. Examen escrito.</li> </ol>

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<ul style="list-style-type: none"> <li>Evidenciar en el trabajo colaborativo una estrategia para construir aprendizajes siendo responsables y respetuosos entre sí.</li> </ul>	<ul style="list-style-type: none"> <li>a. Prendas de vestir y accesorios.</li> <li>b. Adjetivos</li> <li>c. Expresiones sobre Moda.</li> <li>d. Expresiones de opinión.</li> </ul> <p><b>Nota:</b> Si requiere ampliar información sobre lo trabajado cada semana por favor revisar la información publicada en Moodle.</p>		
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\*Para los vídeos, observe los vídeos y haga una lista de los temas y subtemas desarrollados en cada uno. Si en un vídeo se desarrollan ejercicios o problemas, transcríbalos a una hoja de bloc e indique el tema al que corresponden. Para los talleres, resuelva los ejercicios, problemas o preguntas en una hoja de bloc, indicando procedimiento o argumentos las preguntas hechas por los docentes. Para los resúmenes, utilice herramientas diferentes al texto, pueden ser flujogramas, mapas mentales, mapas conceptuales. La presentación de los trabajos debe ser ordenada y clara. Para la sustentación del trabajo, debe presentarla puntualmente como se lo indique el docente.

## Plan de mejoramiento período 3

Please...

- It is an **individual work**.
- Read the directions for each activity and complete them.
- Prepare your work for the written exam (classroom).

### ACTIVITY #1 GRAMMAR PRACTICE

#### Directions

- For each tense: write the auxiliaries, the different verbs to use, time expression and three different sentences: 1 affirmative, 1 negative and 1 interrogative. **Topic: Sustainable actions to face the fast fashion phenomenon (See the example).**



**SIMPLE TENSES**

GRAMMATICAL TENSES	VERBS	SIGNAL WORDS	SENTENCES
<b>1. VERB TOBE</b>			
<b>PRESENT</b> (am - is - are)	is are	at the moment , always, nowadays.	<b>Affirmative:</b> At the moment, environmental issues are a big consequence of the fast fashion phenomenon. <b>Negative:</b> My pants aren't always new, these are second hand. <b>Question:</b> Is everyday a sustainable action necessary to face the fast fashion phenomenon?
<b>PAST</b> ( _____ )	- - -		- - -
<b>2. OTHER VERBS...</b>			
<b>SIMPLE PRESENT</b> ( _____ )	- - -		- - -
<b>SIMPLE PAST</b> ( _____ )	- - -		- - -
<b>SIMPLE FUTURE</b> ( _____ )	- - -		- - -
<b>FUTURE GOING TO</b> ( _____ ) Plans, predictions - an evidence	- - -		- - -
<b>CONTINUOUS TENSES</b>			
	VERBS	SIGNAL WORDS	SENTENCES
<b>PRESENT CONTINUOUS</b> (am - is - are + V. ing)	- - -		- - -




<b>PAST CONTINUOUS</b> ( _____ )	- - -		- - -
<b>FUTURE CONTINUOUS</b> ( _____ )	- - -		- - -

**PERFECT TENSES**

	VERBS	SIGNAL WORDS	SENTENCES
<b>PRESENT PERFECT</b> ( _____ )	- - -		- - -
<b>PAST PERFECT</b> ( _____ )	- - -		- - -

**CONDITIONAL SENTENCES**

CONDITIONALS	VERBS	SENTENCES
<b>ZERO CONDITIONAL</b> (Real facts/general situations) <a href="https://www.youtube.com/watch?v=PDtUTAwMGDQ">https://www.youtube.com/watch?v=PDtUTAwMGDQ</a>	- /	-
<b>FIRST CONDITIONAL</b> (Possibilities in the future... plans, promises, warnings...) <a href="https://www.youtube.com/watch?v=hT5PWuuxaKM">https://www.youtube.com/watch?v=hT5PWuuxaKM</a>	- /	-
<b>SECOND CONDITIONAL</b> (Unreal situations) <a href="https://www.youtube.com/watch?v=61Oou-WbGfQ">https://www.youtube.com/watch?v=61Oou-WbGfQ</a>	- /	-

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## ACTIVITY #2 HOW DOES FAST FASHION WORK?

### Direction:

1. Read the words into the box and choose the option to complete the statement.
2. List the underlined words and translate them.

sweatshop	cheaper goods	more choice	increase profits	young people
	negative impact	Fast fashion	more trash	

1. \_\_\_\_\_ is all about the production of fashionable clothes and accessories at high speed and low cost by mass- market retailers in response to the latest trends to satisfy the masses with variety of choices.
2. The fast fashion phenomenon also means “\_\_\_\_\_” given that affects the environment negatively because garments aren't built to last and quickly are discarded, piling up in landfills.
3. A \_\_\_\_\_ is a negative impact of the fast fashion phenomenon since it is a crowded workplace with very poor, and illegal working conditions.
4. The demographic that most consumes fast fashion is \_\_\_\_\_ because they always want to look fashionable without spending a lot of money, however, they aren't aware of the negative impact of this phenomenon.
5. \_\_\_\_\_ or services have a negative connotation because they represent cost less than other goods, imitation, low quality and shorter life.
6. A negative aspect of the fast fashion phenomenon is the expression “\_\_\_\_\_” because retailers decided to create more interest by offering an increased amount of cheap and trendy collections that samples ideas from the catwalks
7. The fast fashion's \_\_\_\_\_ is due to the use of cheap and toxic textile making this fashion industry one of the largest polluters.
8. In the 1990's, fashion retailers were under pressure to \_\_\_\_\_, so department store chains began to compete by developing their own low-cost and fashion-forward clothing.



### ACTIVITY #3 What do you think?



**Giving opinions...**

An opinion is a **thought** or **judgment** about something or someone held by a person or a group of people focused on their feelings and beliefs.

**E.g.:**  
I think the demographic that most consumes fast fashion is young people because they always want to look fashionable without spending a lot of money, however, they aren't aware of the negative impact of this phenomenon.

**Steps to Give an opinion...**

- 1- Use an opinion expression.
2. Present the subject
3. Support your answer.

**Expression to give opinions...**

- In my opinion, ...
- I think that...
- If you ask me, ...
- For me...
- I really believe that ...
- In my way of thinking.

**Direction:** Please read questions below and answer them giving your opinion.

1. What do you think of being fashionable?

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2. What's your opinion on the fast fashion phenomenon?

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### ACTIVITY #4 CLOTHES AND ACCESSORIES VOCABULARY

**A. Direction:** Use the information into the box to match to the image and write a short sentence to describe the clothing item.

- |                           |                                    |                                 |                          |
|---------------------------|------------------------------------|---------------------------------|--------------------------|
| a. <u>2</u> baggy sweater | b. _____ hooded sweater            | c. _____ plaid shirt            | d. _____ striped t-shirt |
| e. _____ tight pants      | f. _____ patterned blouse          | g. _____ close fitting clothing |                          |
| h. _____ roomy outfit     | i. _____ expensive clothing brands | j. extravagant outfit           |                          |



1.



2.



3.



4.

E. g. This is a plaid shirt



5.



6.



7.



8.



9.



10.



### B. What are they wearing?

**Direction:** Propose a situation and use the vocabulary in the boxes below to describe **what are they wearing**. See the example.

WHAT ARE THEY WEARING?				E.g.
Sophie <b>1</b>	Kate <b>2</b>	Natalie <b>3</b>	Carol <b>4</b>	

#### WORD BANK:

#### WORD BANK:

**Clothing:** blouse - t-shirt - shirt - dress - skirt - mini-skirt - shorts - coat - jacket - sweater - blazer - suit - raincoat - pants - jeans - trousers - tracksuit - vest - tank top - pajama - tie - bowtie - scarf - socks - gloves - mittens - swimsuit/bikini - bathrobe - underwear - slippers - boots - shoes - trainers - sneakers - sandals - high heel shoes - flip-flops

**Accessories:** watch - earrings - ring - glasses - sunglasses - wallet - bracelet - hairband - cap hair clips - belt - purse - handbag - bag - umbrella - hat - helmet - brooch - bag - necklace

**Clothing materials:** Cotton, leather, silk, fur, denim, wool, suede, linen, rubber, nylon...

**Colors:** green - blue - brown - purple - pink - red - yellow...

**Fashion expressions:** To be trendy/cool/fashionable/ unfashionable. • To be in fashion. • To come into fashion. • To go out of fashion. • To wear designer labels. • To be stylish. • To follow the latest fashion. • To be interested in fashion. • To shop in trendy stores. • To spend money on clothes/buying clothes.





1- \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

2- \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

3- \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

4- \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_


**ACTIVITY #5**  
**Let´s practice recommendations**  
**Advice Column: Problems about clothing**

Read the situations below and present your opinion by giving a sustainable recommendation on what to wear for each one. **Make sure to include:**

- modal verbs,
- at least 6 items of clothing/accessories
- different adjectives and
- expressions about fashion.


**Sustainable actions:**  
 recycle, reuse, repair, rent, donate,  
 reduce, redesign, ...


<p><b><u>Situation #1</u></b>  <b>Dear Anita,</b>  <b>My wife says that my clothes are too old and that it’s time for me to go shopping to buy new clothes. Anita, it’s true that my shoes, shirts and jeans are almost 20 years old, but I like them – they feel comfortable! Also, I just don’t like to go shopping for clothes. It takes a long time to find clothes that I like, and</b></p>	<p><b>I think you should....</b></p>
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<p><b>I don't like fitting rooms – they're too small. Should I go shopping with my wife to buy new clothes, or should I stay at home and watch TV in my old clothes?</b></p> <p style="text-align: right;"><b>George</b></p>	
<p><b><u>Situation #2</u></b>  <b>Dear Anita,</b>  <b>Hey, Anita! I'm 7 years old and I have a cat. His name is Fluffy. Sometimes I put clothes on Fluffy, my friends like it when I put a red cap and a yellow scarf on him! But my mother gets angry when I do this. Anita, why does my mother get angry? How can I make her change her mind and let me put more clothes on Fluffy? What's your opinion about this?</b></p> <p style="text-align: right;"><b>Sara</b></p>	

## ACTIVITY #6

	<p style="text-align: center;"><b>Reading comprehension activity</b></p> <p><b>Directions:</b></p> <ol style="list-style-type: none"> <li>1. Individual work.</li> <li>2. Read the text "Fashion Revolution a sustainable fashion movement" and complete:             <ol style="list-style-type: none"> <li>a. List the underlined words and translate them.</li> <li>b. Identify and highlight the relevant information of each paragraph.</li> <li>c. Make a mind map to summarize the information from the text.</li> <li>d. Answer next question by giving your opinion and support why your contributions are sustainable actions:  <b>*What are your own contributions to stop fast fashion?</b> </li> </ol> </li> </ol>
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### Summarizing a text

It means giving a concise overview of a text's main points in your own words.

#### **Basic steps ...**

- **Figure out the purpose for reading** to activate the background knowledge of the topic (predict or anticipate the content).
- **Read carefully** to attend to the parts of the text that are relevant to identify the topic of reading and reduce the amount of information
- **Identify and understand the new words.**
- **Check comprehension by summarizing the information from the text** while reading and when the reading task is completed by writing notes or making graphics (Mind map, concept map, infographic).
- **Check your work**

## Fashion Revolution a sustainable fashion movement

Fast fashion feels like it's everywhere and it is actually a new phenomenon since we are consuming 400% more clothes now than we did some years ago. The fashion industry is the second most polluting industry on the planet, 150 billion items of clothing are made each year and 36kg of clothes per person are thrown away because clothes are now sometimes seen as disposable – some people literally buy cheap clothes with no intention of ever washing them and wearing again. But as cheap as our clothes now are, someone somewhere is paying the price and in the case of fast fashion, it is the garment workers and the planet.


### **What is Fashion Revolution?**

Fashion Revolution is a global movement formed by activists who believe in a different fashion industry, which respects human rights and the environment, at all stages of the supply chain.

### **The vision of Fashion Revolution**

It is to transform the fashion industry from an ethical point of view with the commitment to conserve and restore the environment and value people over growth and profits towards a more ethical and sustainable future for the fashion industry.

**The birth of Fashion Revolution:** it was born on April 24th 2013, one of the greatest tragedies in modern history happened, the Rana Plaza, a commercial building collapsed on itself in Dhaka, the capital of Bangladesh, burying the over 3,000 workers who were at work at that time causing the death of more than 1,129 people.

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**Cultural change:** Fashion Revolution strives rather than making people feel guilty, to help them recognize that they have the power to do something to make a positive change to create a more ethical, sustainable and transparent future for fashion. Fast fashion revolution wants people become aware of what it means to buy a piece of clothing, good jobs and dignity and no poor labor conditions (low pay, excessive working hours and unsafe workplaces).

**Sustainable alternatives to stop fast fashion:** the good news is we all need to wear clothes, so we have the power to create change by making different choices about the garments we wear and buy and there are actually lots of options for sidestepping fast fashion and not contributing to the demand. Each of us has the power to change things for the better and every moment is good to start doing it. Some easy and sustainable alternatives to stop fast fashion are:

1. **Maximize your wardrobe:** How many items do you have in your wardrobe that you've hardly ever worn? You might be surprised to find things that you had forgotten at the bottom of your drawers, or pushed to the back of your wardrobe, it is a good habit to reduce how much you buy.
2. **Reduce:** Cut down on how much you buy, minimalist closets are a great example of how to reduce.
3. **Reuse and repair:** Wear each article of clothing until the bitter end and once they are unwearable turn them into something useful like rags, dog toys, or reusable bags.
4. **Recycling:** If you have clothes you no longer want, don't bin them, you can sell or donate them.
5. **Sources second-hand clothes:** Check out your local charity shops, vintage shops, jumble sales or swap clothes with friends to see if you can find the things you need or want to fill the gaps in your wardrobe.
6. **Rent clothing:** When you're thinking of buying a new outfit and you don't go to posh events and weddings very much, ask yourself "Will I wear this 30 times?" and if you won't, then don't buy it and rent from a dress agency.
7. **Shop ethical:** Challenge yourself to say 'no' to impulse purchases, to consume less, to value quality of materials, take better care of your clothes and shop local.

**Taken from:**

<https://rifo-lab.com/en/blogs/blog-di-rifo/fashion-revolution#:~:text=Fashion%20Revolution%20is%20a%20global,stages%20of%20the%20supply%20chain>.

<https://www.fashionrevolution.org/about/#:~:text=Fashion%20Revolution%20was%20founded%20by,through%20research%2C%20education%20and%20advocacy>.

<https://www.fashionrevolution.org/fashion-transparency-index-2023/>

<https://shopduer.com/blogs/uncuffed/how-to-avoid-fast-fashion-10-actionable-ways-to-go-sustainable-duer>